

### ABSTRACT OF THE DISCLOSURE

An articulating head restraint includes an armature with a cam. The cam has a lock acumination and a stop acumination. The armature fits within a structure composed of a bracket and a slave bracket. A slide, which is attached to a cable, rides within a slot on the bracket.

When the slide is in the locked position, the lock acumination of the cam presses against the  
5 slide, restraining movement of the slide. When sufficient force is applied to the cable, the slide moves within the slot to an unlocked position. A torsion spring wrapped around the armature causes the armature to rotate to a stowed position.

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